



BBC newsletter 41 June 2021-EN

EDITO

True and false news about an invisible disease: migraine

Based on 40 years of experience, professor and clinician Jean Schoenen separates the wheat from the chaff when it comes to information on migraine, its causes and treatments.

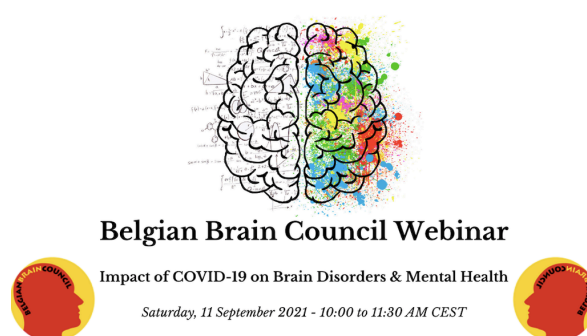
Migraine is multifaceted and complex in its clinical expression, causes and treatments. This complexity can lead to the illusion that it is a disease with no specific characteristics or causes, no effective treatments and no real impact on life. Add to this the fact that it is not visible on clinical examination or brain scan and you will understand why migraine is considered by some to be a "non-disease" and why false information or "fake news" about it abounds, but also why migraine sufferers often remain stigmatised in society.

This book shows migraine sufferers that their migraine is not a fatality, but a neurological disease where research progress in recent decades has paved the way for increasingly effective treatments. This e-book should also convince non-migraine sufferers from all walks of life that this is a disabling disease, which can undermine a life, a couple or a career, and which deserves the interest of relatives, employers, academics and policy makers.

The Wernaers 2021 Fund of the FNRS has therefore unreservedly rewarded **Professor Jean Schoenen**, Founding President of the Belgian Brain Council, for the creativity, innovation and relevance expressed in his e-book on migraine for the general public.

One third of patients cured by Covid-19 suffer from neurological or psychiatric disorders. Anxiety, depression and insomnia are frequently observed

This study published in The Lancet psychiatry on 1 May 2021 (vol 8, pages 416-418) and other recent data will be discussed at our WEBINAR on 11 September by the following speakers. Videos of patient testimonials will be included.



WEBINAR SPEAKERS



Patrice Boyer, Univ. Paris-Diderot



Isabelle Glowacz, Uliège



Marie-Anne Vanderhasselt, UGent



Sabine Corachan, LUSS



Eline Bruneel, VPP



Paul Boon, Ugent



Paul Verbanck, ULB

This 90 min webinar **Impact of COVID-19** on brain diseases and mental health has been awarded a 1.5 point accreditation by RIZIV (thanks to our vice-president Dr. Gianni Franco for this effort) and is also aimed at patients and the general public who will have the opportunity to express themselves. This webinar will be moderated by Vanessa Costanzo, former journalist at RTL who will be in charge of the **Q&A session**.

Participation is free but registration is compulsory.

On line registration

<https://editor.wix.com/html/editor/web/renderer/edit/9a23b4c2-4929-4a8e-9c44-8b7c556870c5?metaSiteId=052ed37d-b351-47d9-a61c-1368b04db174&editorSessionId=43dad42-b6d7-4271-8aab-e8397f1b76a0&referralInfo=dashboard>

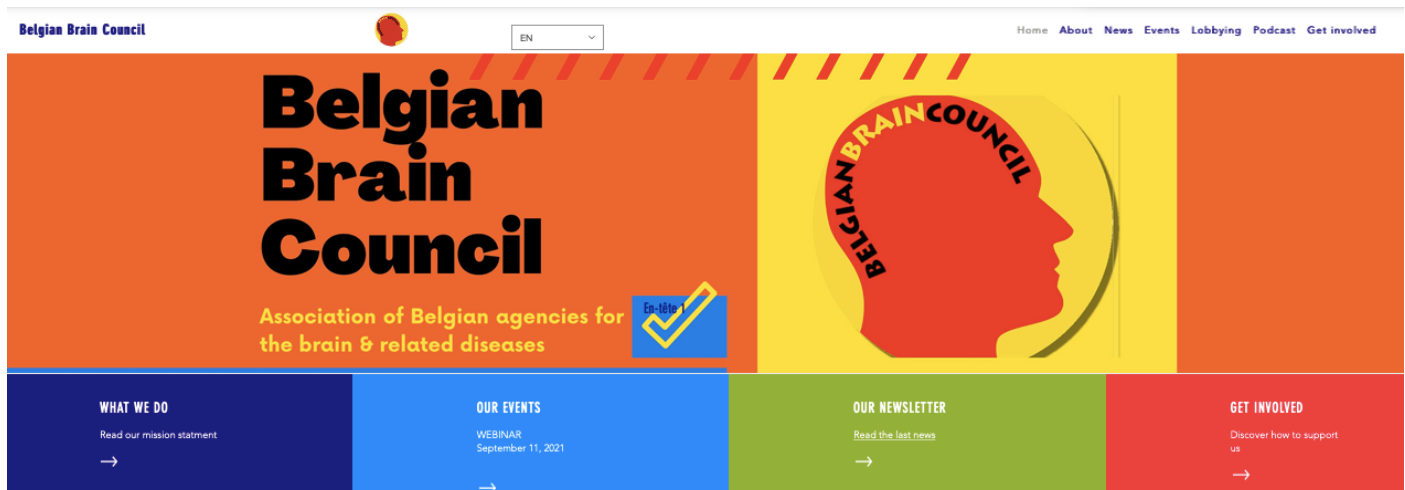
This webinar is sponsored by the following companies



abbvie



Under the impulse of our President, Laurence Ris, a new website is under construction



Composition of the Executive Committee for the period 2021-2022

President : Professor Laurence RIS

Secretary General: Professor Roland Pochet

Vice-Presidents: Professor Chris Bervoets, Dr Gianni Franco, Baron Charles van der Straten-Waillet

Treasurer: Baron Charles van der Straten-Waillet

Secretary: Mrs Lia Le Roy

Honorary Presidents: Professors Jean Schoenen, Rufin Vogels, Dirk Van Roost

7th NBCs Academy : Pierre Delsaux declaration

We encourage you to listen to the messages and the statement of Mr. Pierre Delsaux, Deputy Director General of DG SANTE at the European Commission in favour of opening up to research on the brain, mental health and brain diseases (to be listened to between **16 min 45 and 27 min 30** of the 36 min recording) as well as the dialogue between Mr. Frédéric Destrebecq, CEO of the European Brain Council and Mr. Delsaux who insists on the action of the National Brain Councils to inform and influence our policies (**to be listened to between 27 min 18 and 33 min**)

<https://www.youtube.com/watch?v=VIZML3cSxrc&t=1749s>

If you are interested in our activities, please support the BBC and become an individual member (30€)



News from our members



KU Leuven Brein Instituut nodigt u uit voor de gratis, online lezing op maandag 13 september van 18-19 uur:

'Goed leven met een kwetsbaar brein'

Prof. Dr. Manu Keirse, klinisch psycholoog

Registreer door de code te scannen of mail ann.vanderjeugd@kuleuven.be



Leuven Brain Institute

Les bonnes attitudes pour éviter les chutes



MARDI 21/09/2021
de 14h à 16h

Chaussée de Vleurgat 109 - 1050 Ixelles

Conférence du **Docteur Jean-Emile Vanderheyden, neurologue**
Les approches éducatives et pluridisciplinaires des chutes pour les personnes ayant la maladie de Parkinson.
Les chutes: pourquoi? Comment les éviter? Comment les analyser?
Toute chute mérite analyse pour les éviter à l'avenir.
Démonstration avec du matériel et présence de Solival.

Inscription obligatoire! Nombre de places limité
Possibilité d'assister à la conférence en ligne.

E.S. - IMBESOUR ALAN WILMART, LE PRINCE DES TROMBES ET DES BOUTILLES PERDUES. 070.72.32.10

ENTRÉE GRATUITE | TOUT PUBLIC



Contact : Cécile Grégoire — 0494/53.10.46
info@actionparkinson.be
www.actionparkinson.be

Tool for our members to use in any promotional action: Evidence on the exceptionally high burden of brain disorders cf https://braincouncil.be/en/burden-of-brain-diseases_evidence

Dates to remember

11 september	BBC WEBINAR
13 september	KU Leuven Brain Institute conférence
21 september	Conférence Parkinson : Les bonnes attitudes pour éviter les chutes
4 december	BASS Autumn Meeting on Back Pain